

WESSEX REHABILITATION



Salisbury
NHS Foundation Trust

A unique and innovative
opportunity for accident victim
rehabilitation

Trauma*Care*

TraumaCare helping it to happen.....

- Promotion and explanation to either side of the centre's potential benefits for the claimant
- Liaison between claimant representatives and funding insurers
- Providing and agreeing costs for initial assessments, treatment (and follow up services as appropriate)
- Travel concierge to help ensure claimants can get to the centre and stay locally



Travel and stay concierge

- Understanding physical and psychological factors affecting travelling
- Bespoke travel arrangements
- Reassurance and sensitive approach
- Flexible and pragmatic
- 24 hour support to reassure claimants away from home and feeling vulnerable



How can we continue to help the claimant when they've returned home?

- Wessex is intensive and supervised but what happens afterwards when back home alone?
- Wessex Team – offer some support (if local) but limited
- TraumaCare has an established UK wide network of senior physios – can link and liaise with Wessex team
- TraumaCare has an established UK wide CBT, EMDR, counsellors network – can link and liaise with Wessex team
- Local Personal Trainer for rehab support and motivation. Gentle and pro-active encouragement to be active and not regress. Introduction to physical and social activity.



Maintaining claimant motivation

- TraumaCare Personal Trainer/Well-being mentor option.
- Helping the transition from Wessex to local exercise/well-being support and self-motivation. The Personal Trainer spends time with the patient and therapy team whilst in still in Wessex and then setting up local trainer support.
- Visiting patient's home to set up local support as needed.
- Help with gym selection or other activity centres.
- Help with local personal trainer selection and mentoring. The right skills and personality.
- Help with alternative fitness activity options

